

African Powerlifting Federation Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 18th day of June 2023
achieved a Squat of 375kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 18th day of June 2023
achieved a Bench Press of 220kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 18th day of June 2023
achieved a Total of 925kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 18th day of June 2023
achieved a Bench Press of 220kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -120kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

